Plan Overview

A Data Management Plan created using DMPonline

Title: Insights of Insights from people with enduring thoughts of harming sexually -A focus on Recovery Capital

Creator: Alexandra Burgess

Principal Investigator: Alexandra Burgess

Data Manager: Alexandra Burgess

Project Administrator: Alexandra Burgess

Affiliation: University of Plymouth

Template: DCC Template

Project abstract:

Sexual harm and abuse is a serious public health issue which impacts survivors' overall health causing a variety of long-term health implications in adulthood such as psychophysiological issues as a result.

Historically, the focus of sexual harm prevention in the UK has been reactionary which means that services are put in place to prevent the perpetrator reoffending and to support the victim after the event which while vital, miss the opportunity to intervene before the sexual harm occurs. There is evidence to suggest that that early intervention could be possible with people who are at risk of sexually harming, not only that but there is a desire from some in this population not to offend.

The Lucy Faithfull Foundation's 'Stop It Now' helpline has evidenced that there is a clear desire from people who are experiencing enduring thoughts of harming sexually to not harm others, which uncovers a key intervention point to prevent sexual harm (Natcen, 2014).

Despite knowing that some people who are at risk of sexually harming have a desire to seek help to prevent their behaviour, there is a dearth of research that includes insights from people who are at risk of harming others sexually (McCarten, 2019) and subsequently services designed to support them are not built with their lived experience in mind (Day, 1999). Therefore, the primary focus of this research is a strengths-based, public health focussed exploration of people with lived experience including people with enduring thoughts of harming others sexually and professionals who work with them. 1-1 qualitative interviews will explore the strengths possessed by the participants in order to not sexually harm using Granfield and Cloud's 'Recovery Capital' model which is a strengths-based approach that looks at the internal and external resources available to a person in order to succeed in recovery, in this context recovery is deemed to be a life without harming sexually.

The second strand of this research will seek to understand the perception of survivors of sexual harm and professionals who work with them. A Key barrier to implementing a public

health approach to sexual harm prevention is public perception of people who harm others sexually. This means it is vital to understand public perception to implement a public health approach to sexual harm prevention. Public perception has the power to influence judicial and political systems in order to enact change. Not only can public perception support system wide change, it has been found that considering the lived experience of people who have harmed others sexually has been found to be effective in altering public perception (Wurtele, 2021), for this reason the secondary aim of this research will be to explore what victims and survivors and professionals who work with both cohorts think about a strengths based public health approach in this area. By this design, this research will include the voice of victims and survivors on working in a strengths-based way with people who may harm sexually. If this research can help to understand what those most affected by sexual harm need in order to support working in this way it gives a greater chance of being able to influence policy makers to incorporate prevention solutions into sexual harm prevention policies whilst also striving to ensure that work in this area is handled sensitively and is trauma informed.

ID: 175991

Last modified: 12-05-2025

Copyright information:

Insights of Insights from people with enduring thoughts of harming sexually -A focus on Recovery Capital

---

Data Collection

What data will you collect or create?

Survey data

1-1 Interview data:

Personal data: names: for the legal basis of consent only.

How will the data be collected or created?

Data management plan:

Type of data and methods of collection:

The data collected in this research will be in the form of 1-1 qualitative interviews and surveys. All data will be treated with a level 1 classification due to the severity of consequences if there is a data breach particularly if this occurs during or following the 1-1 interviews with people who may harm.

Surveys

The data from the anonymous surveys will collected via JISC and will be stored electronically on OneDrive and will be kept on a university computer that is password protected. All data will be treated with strict confidentiality and any data deemed personal or sensitive will carefully anonymised in accordance with UKDA data standards. The only person other than the principal investigator who will have access to the data are the supervisors for the purpose of monitoring research progress only.

1-1 Interview Data processing for all participants:

Participant data including initial consent and screening data to be collected via consent form either digitally or on paper and paper copies will be shredded once scanned. All data will be stored electronically on OneDrive and will be kept on a university computer that is password protected. All data will be treated with strict confidentiality and any data deemed personal or sensitive will carefully anonymised. The only person other than the principal investigator who will have access to the data are the supervisors for the purpose of monitoring research progress only. File management will ensure that consent documents are stored separately from interview data to ensure anonymity of participants is maintained.

Data Collection methods all interviews:

All interviews will be audio recorded and transcribed verbatim. Data collected will be analysed using IPA and thematic analysis in NVivo.

Interviews both face to face and via TEAMS will be recorded using Microsoft TEAMs which is a secure and robustly tested platform for data security. Once the interviews are over the recording will be immediately transferred to the lead researchers secure University of Plymouth OneDrive and the Microsoft TEAMS recording will be immediately deleted from the TEAMS server.

Anonymisation all interviews:

Data processed and analysed using NVivo will be de-identified, anonymised using codes and pseudonyms where appropriate and stored to enable potential data sharing. Data formatting will be

aligned with UKDA standards and data will be given a unique identifier for each transcript which is consistent.

Interview data will be anonymised 1 month post interview, after which time participants will no longer be able to withdraw their data.

Documentation and Metadata

What documentation and metadata will accompany the data?

-Data management plan
-Researcher Risk Assessment R1 form

Ethics and Legal Compliance

How will you manage any ethical issues?

Ethical Considerations:

Ethical approval is being sought through the university of Plymouth in connection with the Faculty of Health Ethical approval process; no data will be collected until ethical approval is received.

Third Parties and Gatekeepers

Following ethical approval will be sought as required by third party institutions such as charities and other services that work with victims and survivors of and perpatrators of sexual abuse. Careful consideration will be put into the risk of disclosure from participants, each participant will be made aware of the confines of consent prior to engaging in the research, they will be made aware both verbally and in writing that they are not being asked to describe or discuss any safeguarding issues or cases of abuse. Participants will be made aware before they give consent that if they do disclose any information that raises concerns for their welfare or the welfare of anyone else then the lead researcher may have to breach confidentiality in the interest of safeguarding.

Participants

All participants will be adults over the age of 18 and will have capacity to consent to take part in the research. The participants involved may be involved in the criminal justice system, but the research will not involve any prisoners as participants.

All participants will be given a written participant information sheet and will be instructed verbally of its contents. This will detail interview length, right to withdraw, queries and complaints and dissemination of research.

Informed Consent

Consent will be obtained on an opt in basis for all participants. Consent forms will be presented in writing and explained verbally to participants. Names for all participants will be collected under the legal basis of consent (excluding anonymous participants recruited via the Lucy Faithfull Foundation)

All participants will be asked not to speak about specific incidents of safeguarding during the course of the interview and will be made aware that the principal researcher may have to breach confidentiality should we have a safeguarding concern.

Risk Considerations

There are a number of risks that must be considered prior to undertaking this research. There is a

potential risk that participation in these interviews could be triggering for participants which has been and will continue to be thoroughly considered throughout the study. The lead researcher has more than 10 years experience working with vulnerable adults with complex needs and those who are in contact with the criminal justice system including working in custody settings. The lead researcher has also conducted hundreds of hours' worth of interviews with this population and is highly experienced in conducting sensitive interviews and adhering to risk and safeguarding procedures and is currently employed by the child protection charity the NSPCC as a researcher into the prevention of child sexual abuse. Due to the sensitive nature of this research all participants will receive a full explanation of the parameters of the interview and consent process and will be given a robust debrief that will signpost them to relevant services. For participants who are linked with specific services, should there be a concern about their welfare that requires a breach of confidentiality the lead researcher will liaise with their support services as well as contacting the relevant authorities. This research will not include any discussion of specific incidents of harm and participants will be explicitly advised of this prior to taking part in the research. Should a participant begin talking about a specific incident of harm then the interview will be ceased and where appropriate the content of the disclosure will be reported. Interviews will all participants that take place in person will take place in a discreet room in a public place such as the University, or buildings belonging to affiliated services with the participants. The lead supervisor will be made aware of the time and location of the interviews and the lead researcher will inform them when interviews have finished so that alarm can be raised should the lead researcher not get in contact following an interview. For face to face interviews the lead researcher will sit by the door so as to be able to exit the room quickly in the event that a participant becomes aggressive. The researcher will have access to 1-1 and group supervision from the lead supervisor and co supervisors and will report and wellbeing concerns as appropriate and will seek therapeutic and other support where necessary.

Equality and Diversity

Participants will not be excluded based on any protected characteristics. Should the participants need reasonable adjustments to take part in the research these will be sought and provided.

Openness and Honesty

Participants will be briefed on the confines of confidentiality prior to taking part in the research. Participants will be invited to ask questions both pre and post taking part in the research. Participants will be made aware of how their data will be used.

Deception

This research project will not involve deception.

Right to Withdraw

Interview data will be anonymised 1 month post interview, after which time participants will no longer be able to withdraw their data. If participants withdraw before their survey or interview data is transcribed and anonymised, we will delete any data collected. After transcription and anonymisation, the data will be anonymised, and it will not be possible to withdraw individual data, this information is detailed within the participant information sheets.

Protection from harm

This research involves discussion of the topic of sexual abuse, this has the potential to cause distress, however participants will have the option to leave and stop participation at any time and will be invited to ask questions and or complain if necessary and will be given a full debrief and signposting both verbally and in writing.

Confidentiality

Participants will be briefed on the confines of confidentiality both verbally and in writing and will be advised not to disclose any safeguarding issues as part of the research. They will be made aware should they disclose a safeguarding issue then the principal investigator may have to breach confidentiality to follow safeguarding procedures.

Debrief All Participants

All participants will be given a verbal and written debrief which will signpost them to relevant services

should they need to speak to someone.

Dissemination

Participants will be made aware that their anonymised data as per UKDA data regulations will be used to produce the PHD thesis and may be used in presentations both internally and externally of the University and will also be submitted to journals.

Queries and Complaints

Participants will be given the details of the director of studies should they wish to complain or ask a question about any aspect of the research.

Training

The lead researcher successfully completed the University of Plymouth GDPR training on 25/02/2024 as required before undertaking the ethics process.

Anonymity:

 Participants consent forms will be stored appropriately in a secure university password protected drive. All participants will receive a verbal briefing regarding the consent process and a written form to ensure fully informed consent. Participants may choose their own pseudonym to be used throughout their anonymised transcript. Participants will be provided with a participant information sheet and given a debrief sheet containing signposting services following participation in the research which will include details on how to withdraw their information. Ethical approval will be sought in accordance with the University of Plymouth (2022).

How will you manage copyright and Intellectual Property Rights (IPR) issues?

Intellectual property rights (IPR):

The Intellectual Property Rights (IPR) of the data generated will remain with the University of Plymouth in accordance with the University's Intellectual Property Policy.

Storage and Backup

How will the data be stored and backed up during the research?

Archive, storage and backup:

Project documents including transcripts and field notes will be stored in OneDrive, compliant with UKGDPR regulations. The data will be backed up regularly to ensure recovery and will be kept in a password protected folder on OneDrive

How will you manage access and security?

Access and security

The lead researcher will follow data protection guidelines pertaining to the digital and physical safety of devices. The laptop used to store data will be programmed to lock quickly after activity is ceased.

Selection and Preservation

Which data are of long-term value and should be retained, shared, and/or preserved?

Data preservation strategy

Data will be stored for 10 years in keeping with the University of Plymouth research data standards. All personal information will be destroyed once it is no longer needed for the research project in line with what the participants have been told when they signed their consent form.

What is the long-term preservation plan for the dataset?

Data preservation strategy

Data will be stored for 10 years in keeping with the University of Plymouth research data standards. All personal information will be destroyed once it is no longer needed for the research project in line with what the participants have been told when they signed their consent form.

Data Sharing

How will you share the data?

Data sharing:

Qualitative interview and survey data will be shared with supervisors via OneDrive. Permission to share data for dissemination purposes will be sought from the university Ethics and Integrity Committee. Participants will be fully briefed on how their data will be shared during the initial meeting. The University of Plymouth will manage data sharing once the project comes to an end.

Are any restrictions on data sharing required?

N/A

Responsibilities and Resources

Who will be responsible for data management?

Responsibilities and resources

The main researcher will be responsible for data collection and management accordingly to the

University policies, and legal, ethical, and regulatory requirements. The principal investigator takes responsibility for all data collection and subsequent management.

The data management plan will be reviewed throughout the project and the supervisory team will have full oversight of this. The University of Plymouth will be responsible for the long-term storage of the data.

What resources will you require to deliver your plan?

Access to the University of Plymouth OneDrive, JISC and Microsoft TEAMS.